PREVENTIVE CARE CHALLENGE

From **January 1 - November 30**, complete at least three preventive care activities, these include:

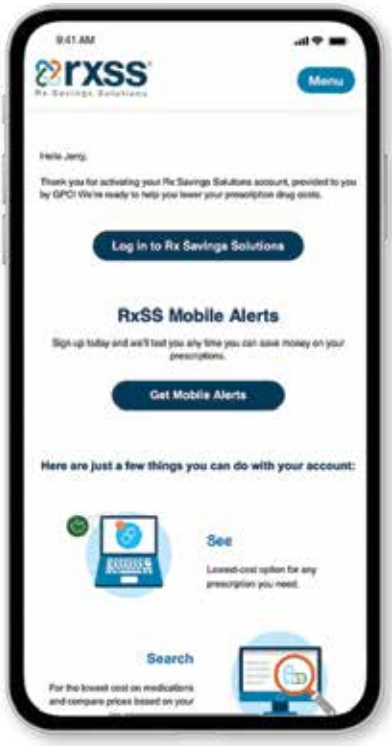
ACTIVITY TYPE	ACTIVITY DESCRIPTION	SUPPORTING DOCUMENTATION EXAMPLES
Healthcare Preventive Screening	Healthcare preventive screenings include annual physicals, mammograms, prostate and colorectal screenings, biometric screenings and mental health consultations.	☆ Copy of an Explanation of Benefits (EOB) ☆ Invoice from the provider's office
Health Management Program Enrollment*	Participation in any of GPC's Health Management Programs, including Livongo Hypertension, Livongo Diabetes Management, Hinge Health Exercise Therapy, Omada Diabetes Prevention and Transcarent Surgery Care.	☆ Confirmation email from the Health Management Program
Rx Savings Solutions Enrollment*	Enrollment in GPC's prescription drug savings program.	☆ Screenshot or email from Rx Savings Solutions confirming account activation
Dental Preventive Visit	Preventive dental care includes routine exams, cleanings and x-rays.	☆ Copy of an Explanation of Benefits (EOB) ☆ Invoice from the provider's office
Vision Preventive Visit	A comprehensive eye exam performed by an optometrist or ophthalmologist.	☆ Copy of an Explanation of Benefits (EOB) ☆ Invoice from the provider's office

**You must be enrolled in a GPC Medical Plan option.*

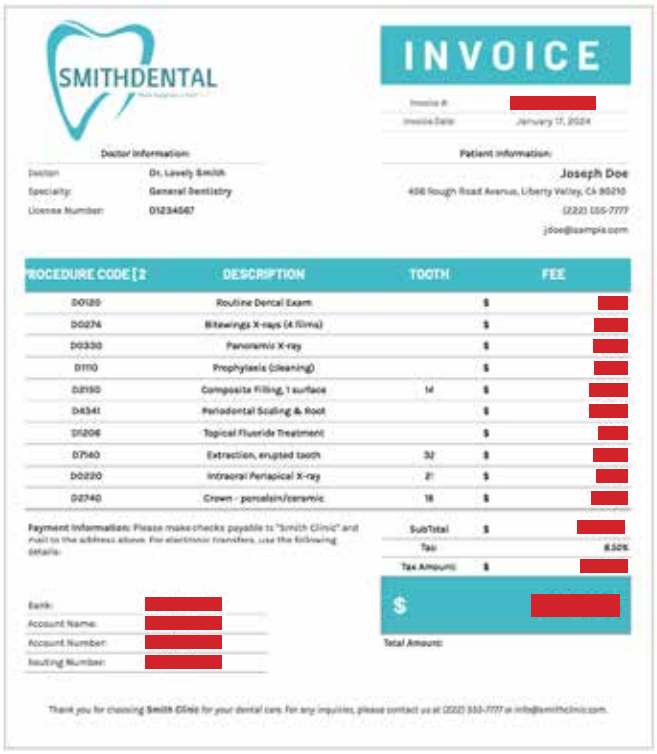
Preventive care activities completed between October 1, 2025 and November 30, 2026, will be eligible for the Preventive Care Challenge.

Remove or black out all financial details and personal health information before submitting.

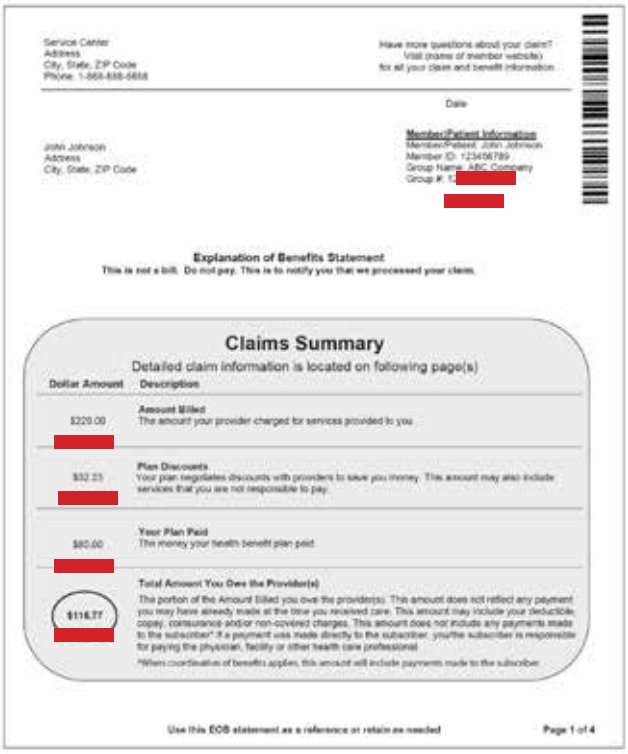
Supporting Documentation Examples



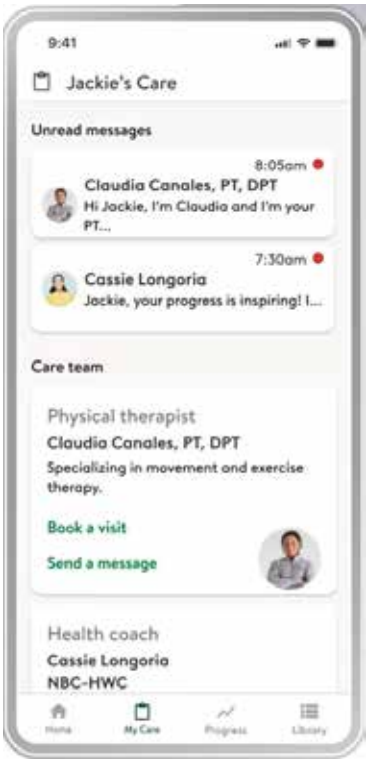
Screenshot or email confirming account activation.



Invoice from the provider's office with personal health information redacted.



Explanation of Benefits (EOB) with personal health information redacted.



Screenshot demonstrating that you have registered or logged into a Health Management Program.